



References :

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NutraHerbal®



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Perilla Oil Plus Garlic Oil

Nutrients for heart and blood vessel
Balance fat in blood vessel
balancing blood pressure



NutraHerbal®



Perilla Oil mixed with Garlic Oil Nutrients for heart and blood vessel Balance fat in blood vessel balancing blood pressure

Cardiovascular disease is a disease that threatens many lives. When people are getting older, normally more than 30 years. Our blood vessels will be less flexible than it used to which following with the increasing heart rate. Resulting in high blood pressure, especially in overweight people and those who have rush life or stressfulness, these factors would contribute to higher blood pressure. The higher the blood pressure, the pressure in the vessel wall will be greater. As a result, the wall of bloodvessel will lose its flexibility. Constant high blood pressure will be a silent killer that leads to hemorrhagic stroke and kidney and retinal degeneration. Lipid in blood would bind blood vessel in case that the blood vessel is injured or inflamed. The body would try to heal the the injury by generating blood clot to seal it which make it easier for lipid in blood to attach itself to the blood clot. In the medical term, we call it Prolonged Thrombosis.



The areas that those blocked vessel nourish would face with lack of blood which leads to vast damages. In some case that lipid in blood or blood clot block smaller blood vessel, such as cerebral artery it could cause a stroke which is life threatening.

Perilla Oil

1. Omega 3 and 6 same amount as in deep sea fish, the approximate of Omega 3 is 54% - 64% and omega 6 is 14%.
2. Rich in calcium and phosphorus and high vitamins B.
3. There is a research on the reduction of inflammation of blood vessels in people with high blood pressure.
4. Increase HDL and lower LDL level. Perilla oil can also reduce total cholesterol in patients with hyperlipidemia within 3 months.
5. Providing Rosmarinic Acid which reduces the rate of inflammation in kidneys.
6. As an anti allergic, there is a research which state that it can be used in treating Asthma and reducing swelling of the bronchial tubes.
7. Benefit the brain and memorizing ability.
8. It is an antioxidants

Garlic Oil

1. Providing Allicin, some Sulfur minerals, Selenium and Manganese Minerals
2. Balancing the blood pressure, reducing blood pressure in those with high blood pressure within 4-6 months.
3. Balancing fat in blood and reducing the level of LDL
4. Benefit the pancreas and balance the level of sugar in blood
5. Reduces blood clotting and Thrombosis
6. Benefit those with Metabolic Syndrome, the research, which done in animals, states that consuming Garlic Oil could reduce the insulin resistance, balance the level of sugar, fat and blood pressure
7. Stimulate the immune system especially immunity against fever.

8. Reduce allergy and chronic respiratory symptoms, as such colds, asthma, sinusitis, etc.
9. Treating gastrointestinal disorders symptoms, such as indigestion, indigestion, flatulence and flatulence, reduce inflammation and help relieve stomach ulcers
10. Antibacterial and antiviral.
11. Antioxidants
12. Removal of lead in the body
13. As an anti-cancer there is a research in the treatment and prevention of many types of cancer, such as Colon cancer, Anal cancer, Stomach Cancer, Breast Cancer, Prostate Cancer, Urinary bladder cancer and Cancer Type of Multiple Myeloma.

Caution :

Garlic oil should be consumed immediately after meals because it could irritate the stomach.

